

# HOW OUR SESSIONS SUPPORT THE CURRICULUM FOR EXCELLENCE IN NURSERIES & SCHOOLS

Est.  
2005



WE'VE BEEN  
SHORTLISTED!  
2020 & 2021  
CPD Category



★★★★★  
WINNER  
2021

★★★★★  
WINNER  
2020

pyjama  
drama



# PYJAMA DRAMA

## AND THE CURRICULUM FOR EXCELLENCE

The Curriculum for Excellence is Scotland's curriculum for children and young people aged 3-18. Within this age-range, Pyjama Drama classes are differentiated as follows:

Rainbows: Nursery/reception  
Sunbeams: Years 1 and 2

At the centre of Curriculum for Excellence are four fundamental capacities. These capacities reflect and recognise the lifelong nature of education and learning. The four capacities are aimed at helping children and young people to become:

**Successful learners**  
**Confident individuals**  
**Responsible citizens**  
**Effective contributors**

### **SUPPORTING THE FOUR CAPACITIES**

At the centre of each Pyjama Drama class is the imagination. In class we play, create stories, move to music, sing, dance and of course, pretend - each activity supporting children as they develop their skills within each of the four capacities:

#### **Successful learners**

Drama is an inclusive and engaging tool which results in engaged and eager learners. In every class, children explore both real and imagined worlds and stories where curiosity about themselves, others, and the world, is actively encouraged. They initiate, create, and develop stories and characters both individually and in groups. In role, they practise being bold, brave, and questioning, and in the fun, safe, and supportive environment of each story or 'drama' there are no limits - children can be anyone and do anything!

#### **Confident individuals**

Our approach to drama and play nurtures confident individuals and at the heart of our approach is kindness and mutual respect. When we play, children are required to follow rules, take turns, share ideas, and listen and respond to each other's ideas. Their objective isn't to 'win', rather that each child gets involved and is valued

for their own unique contribution. And, because each class follows an identical format, after taking part in just a few, children will become increasingly confident making contributions and getting involved. And when involved, they are more likely to take risks, thrive, learn, build relationships, and develop new skills – for life.

### **Responsible citizens**

Our range of topic-based lessons provides opportunities for children to learn about the world, and their place in it, as well as opportunities to explore different cultures and beliefs. They create stories and take on roles with the autonomy to make decisions and are encouraged to share ideas, thoughts, and feelings, as well as to ask probing questions. And there are no hierarchies; all ideas, thoughts and feelings are treated with equal respect.

### **Effective contributors**

In each lesson children listen to and imagine stories, respond to imaginary scenarios, and explore a range of characters. All stories and scenarios involve a ‘drama’ or conflict that needs resolving so as children work together, they are learning to be inventive, innovate, resourceful and learning that when you put your mind to it, anything is possible!

## **SUPPORTING DEVELOPMENT IN THE AREAS OF LEARNING**

Children in Scotland learn across eight curriculum areas and our classes and techniques provide opportunities for children to develop the knowledge and understanding, skills, capabilities, and attributes in the specific areas of Expressive Arts, Health and wellbeing and Languages:

### **Expressive Arts**

- ✓ Participation in performances and presentations
- ✓ Dance
- ✓ Drama
- ✓ Music

### **Health and Well-being**

- ✓ Mental, emotional, social and physical wellbeing
- ✓ Planning for choices and changes
- ✓ Physical education, physical activity and sport
- ✓ Relationships, sexual health and parenthood

### **Languages (Literacy and English)**

- ✓ Listening and talking

Get in touch to book or discuss